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AARP Gluten-Free Girl and the Chef: A Love Story with 100 Tempting Recipes

Shauna James Ahern

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AARP Gluten-Free Girl and the Chef: A Love Story with 100 Tempting Recipes Shauna James Ahern
The first cookbook from the author of *Gluten-Free Girl* and GlutenFreeGirl.com

Combining tempting recipes with an authentic love story, *Gluten-Free Girl and the Chef* is a narrative cookbook for anyone who loves food.

A must-have for those who need to eat gluten-free, this cookbook offers irresistible stories and plenty of mouth-watering meals. From the authors of the much-loved food blog, *Gluten-Free Girl and the Chef*, the book includes evocative photos, cooking techniques, and 100 chef-tested recipes that are sure to give joy in the belly.

- Illustrates the working day of a talented chef and what he does to put delicious food on the plate
- Contains great-tasting recipes that everyone can cook and eat
- Meant to be read cover to cover

Gluten-Free Girl and the Chef inspires anyone who has to eat gluten-free to say yes to the food he or she can eat.

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