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No More Narcissists!: How to Stop Choosing Self-Absorbed Men and Find the Love You Deserve

Candace V. Love PhD

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Why do some women date, or even marry, narcissistic men—over and *over*? In this provocative book, a clinical psychologist and expert in narcissism offers 7 secrets to help women finally break free from their attraction to narcissistic men.

Do you keep finding yourself in relationships with narcissistic men? Is your boyfriend or husband solely focused on fulfilling their own needs and unable to see things from your perspective? If you're tired of dealing with a self-absorbed partner and are ready to be treated with kindness, respect, and sensitivity, this book is for you.

In *No More Narcissists!*, psychologist Candace Love provides a road map for women to finally get the love they deserve. Using skills based in cognitive behavioral and schema therapy, you'll gain an understanding of why you're attracted to narcissistic men, how you can avoid being drawn in by a narcissist's initial charm and magnetism, and how to heal so you can finally move on to healthy relationships.

You'll find out how the basic principles of schema theory—core beliefs about ourselves and our environment that we acquire in childhood and adolescence—can play an important role in why you're attracted to narcissists and seek them out. Also included are targeted exercises and techniques that will encourage you to examine your past relationships and take meaningful steps to promote self-care and healing.

Isn't it time you broke the cycle of hurt, frustration, and pain that comes with loving a narcissist? This book will show you how to let go of these destructive relationships once and for all, love yourself unconditionally, and find the love you deserve.

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Cindi Russell:

The book No More Narcissists!: How to Stop Choosing Self-Absorbed Men and Find the Love You Deserve has a lot of knowledge on it. So when you read this book you can get a lot of benefit. The book was written by the very famous author. This articles author makes some research before write this book. This specific book very easy to read you can find the point easily after looking over this book.

Katherine Clark:

Reading can called brain hangout, why? Because when you find yourself reading a book especially book entitled No More Narcissists!: How to Stop Choosing Self-Absorbed Men and Find the Love You Deserve the mind will drift away trough every dimension, wandering in each and every aspect that maybe mysterious for but surely can become your mind friends. Imaging each and every word written in a reserve then become one contact form conclusion and explanation which maybe you never get previous to. The No More Narcissists!: How to Stop Choosing Self-Absorbed Men and Find the Love You Deserve giving you an additional experience more than blown away your head but also giving you useful details for your better life in this era. So now let us demonstrate the relaxing pattern the following is your body and mind will likely be pleased when you are finished studying it, like winning a. Do you want to try this extraordinary paying spare time activity?

Tamica Harris:

The book untitled No More Narcissists!: How to Stop Choosing Self-Absorbed Men and Find the Love You Deserve contain a lot of information on that. The writer explains the woman idea with easy technique. The language is very simple to implement all the people, so do certainly not worry, you can easy to read the item. The book was written by famous author. The author brings you in the new time of literary works. You can actually read this book because you can keep reading your smart phone, or product, so you can read the book within anywhere and anytime. If you want to buy the e-book, you can start their official web-site along with order it. Have a nice examine.

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