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The Wounded Heart Workbook: A Companion Workbook for Personal or Group Use

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The Wounded Heart Workbook: A Companion Workbook for Personal or Group Use Dan Allender This companion workbook to *The Wounded Heart* will help you work through the complex issues of sexual abuse in a concrete way by leading you step-by-step through the process of change. It also includes specific sections for men, ideas for discussion-group facilitators, and reflective quotations from fellow strugglers with sexual abuse.

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