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Bootstraps and Biscuits: 300 Wonderful Wild Food Recipes from the Hills of West Virginia

Anna Lee Robe-Terry

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In the hills of her family's West Virginia farm, Anna Lee Robe-Terry explores and forages for wild food stuffs, which she turns into tasty down-home cooking. Bootstraps and Biscuits is a collection of her recipes, which are delicious, interesting, and easy-to-follow. With recipes ranging from the more common -- honey butter and wild strawberry shortcake -- to the more unusual -- Jerusalem artichoke salad, squirrel pot pie and dandelion wine -- this book is perfect for anyone wanting to make their cooking and eating more adventurous. And, as Terry points out, you'll probably appreciate your meal all the more if you've gotten some fresh air while gathering the ingredients.

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