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How to Care for the Insane: a Manual for Nurses

William D. Granger M. D.

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“This little book is excellent. Dr. Granger deserves the thanks of all charitable people….If ever there was a book which needed no apology for its existence, this is that book. Who of us does not know that the ‘wits of an attendant upon the insane have not to be sharpened in many directions not required by a general nurse.’ Hence the necessity of a treatise which takes the subject where a general treatise upon nursing leaves it, and gives just the knowledge which this little book of Dr. Granger contains. The guiding principle of his book is that persons sent to the care of asylums must be considered as patients, which it must not be forgotten, are sick people, sent from their homes, to be cared for in asylums because it is believed that there they can be cared for better than their friends can care for them. To this end attendants are first instructed in the physical structure of a human being, that is, physiology, then in the care of that structure, that is, hygiene, after which comes, by study and experience, the mental characteristics, which is the metaphysical. In all these duties the good attendant must develop his self-control, his kindness, his judgment, his tact, to its greatest extent….Now it is just this sort of training which wouldn’t hurt an of us. Who does not need a little development of his self-control and his kindness?” -Book Notes

“This is a very practical little work, giving much information, and will be found of great service in the training of attendants. This work should have a place in the libraries of all who are engaged in nursing, and will be read with pleasure by both physicians and specialists.” -The Journal of Inebriety

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X. Administration and Effects of Medicine.—Opium, Chloral, Hyoscine, and Hyoscyamine; Doses, Effects, Poisoning, Treatment.—Stimulants.—Applications of Heat and Cold.—Baths and Wet Packing

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