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The Power of Peace in You: A Revolutionary Tool for Hope, Healing and Happiness in the 21st Century

Marlise Karlin

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The Power of Peace in You delivers a revolutionary method for accessing a universal Life-force Energy of peace to attain clarity, inspiration and calm, even in the midst of chaos, stress and anxiety.

Synthesizing evolutionary schools of thought with ancient wisdom and healing traditions The Simplicity of Stillness teaches you how to integrate this profound intelligence into the practical of everyday. With illustrative stories, daily exercises, and a Stillness Session CD, a unique new form of meditation, this new process for higher learning will change how you see and do just about everything.

Kids dealing with the trauma of bullying have discovered their self-worth, teens healed their eating disorders, and adults found self-love after years of chronic depression. From Maasai warriors in Kenya to CEOs in Amsterdam, from hospitals and healing professionals, to parents around the globe - people find the courage needed to face life's many setbacks and the inspiration to empower a future filled with possibility.

As **Wade Davis** writes in the Foreword, “Marlise's words carry a spark that resonates deeply in the heart of all of us, and her stories of people who embraced these truths will, I believe, inspire you as they did me.”

The Power of Peace in You ignites an Energy stream of hope and healing into your life, taking you on a journey that leads to the heart of your soul.

This is a book you will return to again and again in your life's journey.

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