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Beyond Ritalin: Facts About Medication and Other Strategies for Helping Children, Adolescents, and Adults with Attention Deficit Disorders

Stephen W. Garber

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In the late 1980s, ADHD (Attention Deficit Hyperactivity Disorder) and its treatment with the drug Ritalin came to national attention and became one of the most hotly debated health issues. That debate continues to rage today. But for the millions of ADHD children, adolescents and adults, it still remains painfully difficult to get clear and authoritative answers to the many questions that this confusing disorder poses. Do I have a correct diagnosis of ADHD? What kind of medication might be helpful? What else can and should I do to help myself or my child deal with this problem?

Now, at last, the authors of *Beyond Ritalin*, acknowledged experts on ADHD, provide a complete road map and guide for coping with this disorder. Including anecdotal case histories, as well as a complete checklist of ADHD symptoms, charts, work sheets and a comprehensive list of valuable resources and support groups.

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Exactly why? Because this Beyond Ritalin: Facts About Medication and Other Strategies for Helping Children, Adolescents, and Adults with Attention Deficit Disorders is an unordinary book that the inside of the guide waiting for you to snap the idea but latter it will distress you with the secret the item inside. Reading this book beside it was fantastic author who all write the book in such incredible way makes the content on the inside easier to understand, entertaining way but still convey the meaning fully. So , it is good for you for not hesitating having this anymore or you going to regret it. This book will give you a lot of rewards than the other book have such as help improving your proficiency and your critical thinking approach. So , still want to hesitate having that book? If I ended up you I will go to the book store hurriedly.

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