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Paleo Slow Cooker: 40 Delicious Gluten Free Paleo Slow Cooker Recipes to Kick-Start Weight Loss

Dana Summers

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Enjoy The Very Best Paleo Slow Cooker Recipes for Extreme Weight Loss Today

“Paleo Slow Cooker Cookbook” is ready to bring an end to your crazy schedule and spice up your life with mouth-watering slow cooker recipes that contain all natural ingredients and are free of gluten and dairy. All 40 recipes in this book bring essential vitamins, protein, fats, and yummy flavours to your chilly fall and winter and to your busy lifestyle. Pop some ingredients into the slow cooker, completely wipe the idea of dinner from your mind, and return back from work to a home filled with delicious smells from a vibrant meal. Each recipe outlines its unique prep time, cook time, serving size, and specific nutritive caloric, carbohydrate, protein, and fat content to help you stay on track. Even if you don’t have a single cooking skill, even if you don’t have twenty minutes to rub together in the evening, you can still utilize this rich cookbook for your dining needs. You deserve all the rich texture and flavour of a Paleo approved home cooked meal!

Some of the recipes you’ll get to enjoy:

-Beef-Based Slow Cooker Recipes -Pork-Based Slow Cooker Recipes -Chicken-Based Slow Cooker Recipes -Lamb-Based Slow Cooker Recipes -Vegetarian Slow Cooker Recipes -Chilies, Soups, and Stews And Much More!

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