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Don't Drink Your Milk

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Don't Drink Your Milk Frank A. Oski
CAUTION: Milk Can Be Harmful to Your Health! The frightening new medical facts about the world's most over-rated nutrient. If you drink milk, you MUST read this. Frank Oski, MD, was the Director, Department of Pediatrics, Johns Hopkins University School of Medicine and Physician-in-Chief, the Johns Hopkins Children's Center.

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