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Cooking Entrees with the Micheff Sisters: A Vegan Vegetarian Cookbook

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Cooking Entrees with the Micheff Sisters: A Vegan Vegetarian Cookbook
As 3ABN viewers know, there's a lot of fun in the kitchen when Linda, Cinda and Brenda get together to cook! Long a television favorite, this trio of sisters has produced a vegan cookbook that is just as much fun to use as they are to watch.

The Micheff sisters bring new life to vegan vegetarian menus in this enticing collection of animal-product-free foods. Vegans will appreciate their creative and inventive approach, and even non-vegans will get loads of new ideas for rich-tasting and delicious meals. Whether you're looking for a way to tempt the palate of a loved one on a restricted diet or you're making a picnic for a crowd, this collection of more than 200 recipes delivers luscious food every time, without the saturated fat and extra calories of animal products.

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