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Purple Buddha Project: Purple Book of Self-Love

Forrest L. Curran

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Purple Buddha Project: Purple Book of Self-Love Forrest L. Curran
Transforming the past to change the future, the Purple Buddha Project is a creative force, using social media, fashion, and design to express an out of the box way of thinking to shape Cambodia. Upcycling remains of weapons of conflict into jewelry in Cambodia, Forrest Curran has tied social giving to design, working with local fair-trade artisans to turn a tragedy of the past into a vehicle of change. The book explores his thoughts in depth into the conversation about self-love, written during the years of inception of the project. This book documents moments of Forrest’s around the world as he developed the Purple Buddha Project through a collection of poems, essays, and narratives describing the lessons learned abroad along the journey; fundamentally demystifying the notion that we aren't in control - primarily focusing on the importance of the present moment as well as what it means to have esteem.

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