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Buddhism: Introducing the Buddhist Experience

Donald W. Mitchell

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Buddhism: Introducing the Buddhist Experience Donald W. Mitchell
Buddhism: Introducing the Buddhist Experience, Second Edition, focuses on the depth of Buddhist experience as expressed in the teachings and practices of its religious and philosophical traditions. Taking a broad and inclusive approach, this unique work spans over 2,500 years, offering chapters on Buddhism's origins in India; Theravada and Mahayana Buddhism; and Buddhism in Southeast Asia, Tibet, China, Korea, and Japan. It also includes an extensive discussion of modern, socially engaged Buddhism and a concluding chapter on the spread of Buddhism to the West. Author Donald W. Mitchell provides substantial selections of primary text material throughout that illustrate a great variety of moral, cultural, psychological, meditative, and spiritual Buddhist experiences.
Buddhism features twenty-two boxed personal narratives by respected Buddhist leaders and scholars, including His Holiness the Dalai Lama, Dharma Master Sheng Yen, Dharma Master Cheng Yen, Jeffrey Hopkins, Sulak Sivaraksa, Rita M. Gross, Chatsumarn Kabilsingh, and Robert Aitken. The text also includes photographs, maps, a pronunciation guide, and a glossary of technical terms. Integrating more information about how Buddhism is actually practiced around the world today, the second edition adds six brief end-of-chapter essays by scholars and practitioners on cultural experiences of Buddhism in Thailand, Tibet, China, Korea, Japan, and America. Ideal for courses in Buddhism, Asian religions, and Asian philosophy, this edition also offers additional photographs, new sections on topics like Buddhist cosmology, expanded coverage of Buddhism and globalization, and updated suggestions for further reading.

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