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1,000 Word Rants: On Fear, On Happiness: How to Overcome Fear and Find Happiness in Life... A Rant (2 in 1 bundle)

Michael Santchi

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How to Overcome Fear and Find Long Term Happiness in Life

What you'll discover:

On Fear
- Why fear is actually good for you
- Two kind of fear that will destroy your chances of success
- Where do fear stems from and how can you fight it
- Why conscious actions are the key to killing fear
- What is "worst case scenario thinking" and "death bed thinking" and how can it change your life forever
- How to use pain t help you grow as a person
- Exactly what to do whenever you feel fear

On Happiness
- Why you should stop looking for happines
- Why you should never aim to be happy everytime
- Two exercise to make you instantly happy (short term technique)
- What to do every time you feel "not good enough"
- Should you not aim for money and happiness at the same time?
- How f you money can save your life and happiness
- Should you do what you love?
- The key to real happiness in my opinion
- The poem that changed my life forever

Download this bundle, read it for 15 minutes, apply the lesson and watch your life change before your eyes

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