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What Happened To My Memory?: Natural Solutions in the Fight Against Alzheimer's Disease and Dementia

Dr. Brian Smith DC CNS

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Whether it's due to Alzheimer's Disease or Non-Alzheimer's Dementia, more than 8 million people in the US suffer with some form of memory loss. Costs for caring for memory loss sufferers is expected to rise to $1.2 TRILLION dollars in 2050. Unfortunately many people feel the only thing they can do is just sit back and hope it doesn't happen to them. That is no longer true! In this book you will learn about: 1. Health conditions that can speed memory loss, and what to do about them. 2. Simple, inexpensive diagnostic tests that will tell you if you have factors that contribute to memory loss. 3. Why some researchers are calling Alzheimer's disease "Diabetes Type 3". 4. What medications can cause memory loss. 5. Nutrients that can protect your brain and even boost memory. 6. The concept of "neuro-plasticity" and how it can help re-wire your brain and more... There is hope! You CAN do something about memory loss!

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