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Empower Parents, Train Your Brain to Know Patience: With Hypnosis and Meditation

Joel Thielke

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Being a parent is tough. Why not make it a little easier?

Motivational Hypnotherapy's Joel Thielke is a world-renowned hypnotherapist and author who has helped millions of people worldwide. This powerful hypnosis program for patient and positive parenting will help give you tools to manage stress better and create a positive, calm mind-set for any situation.

This powerful hypnosis audiobook includes the following tracks:

- 1. About Hypnosis
- 2. Affirmations for Soothing Peace and Calm
- 3. Empower Parents White Light Induction
- 4. Empower Parents Powerful Dual Induction
- 5. Empower Parents Deep Sleep Induction

We can all use a little help. We're here for you.

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