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Jean Anderson's Preserving Guide: How to Pickle and Preserve, Can and Freeze, Dry and Store Vegetables and Fruits

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Jean Anderson's Preserving Guide: How to Pickle and Preserve, Can and Freeze, Dry and Store Vegetables and Fruits Jean Anderson
In this classic work, born of the back-to-the-land movement, Jean Anderson teaches you how to enjoy the bounty of your own garden, farmer's markets, and roadside stands--all year round. With Anderson at your side, you'll learn which fruits and vegetables are best for canning, freezing, and pickling and, along the way, learn how to insure food safety. Best of all, you'll find you're having fun, saving money, and eating well. *Jean Anderson's Preserving Guide* not only provides easy-to-follow directions for preserving whatever you grow but also dishes up more than 100 original recipes--for such tried-and-true classics as piccalilli and corn relish and more adventurous fare like caponata, frozen pasta sauce, and carrot marmalade. This step-by-step guidebook brings the expertise of a hands-on master to a whole new do-it-yourself generation of gardeners, cooks, and food lovers.

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