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The Power of Two: Secrets of a Strong and Loving Marriage

Susan Heitler

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The Power of Two: Secrets of a Strong and Loving Marriage Susan Heitler

This book details the communication and conflict-resolution skills that happy couples use to deal with differences. Psychologist Susan Heitler clarifies the basics of collaborative dialogue and shows how these techniques can be applied to even the most sensitive issues in ways that respond to both partners' needs and help to strengthen their relationship. Use this book to learn strategies for making decisions together, resolving conflicts, recovering after upsets, and converting difficulties into opportunities for growth.

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