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Daughter of Narcissus: A Family's Struggle to Survive Their Mother's Narcissistic Personality Disorder

Lady Colin Campbell

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Daughter of Narcissus by Lady Colin Campbell is a stunning analysis and revelatory memoir of her own dysfunctional family positioned at the heart of upper class Jamaican society from the middle of the 20th century to the present day. Addressing the extreme narcissistic personality disorder of her mother, Georgie Campbell s latest book is both a personal, individual record and a penetrating study of this psychological disorder and how it affects and scars all members of the immediate family. Departing from her former studies of contemporary high society, Georgie Campbell has turned her intelligence and insight onto her own past, exposing the emotional truth beneath her family faÃ§ade of class and privilege. The book interweaves private memories of her mother s destructive behaviour with a detailed analysis of the underlying realities and fantasies of the narcissistic personality. With disarming clarity and hard learnt wisdom, she shows us what motivates the behaviour sof the narcissistic female as she plots and schemes, destructively setting father against children, sibling against sibling and grand-parent against grand-child. The depth of her work can be seen in her inclusion of recent scientific/medial research on the subject, the extensive bibliography and her endorsement by the eminent Dr Anna Brocklebank, who has practised psychiatry and is the legal and medical adviser to the renowned Institute of Clinical Hypnosis. In addition the author interconnects the sociological, political and personal in startling ways. As she covers the end of the British Colonial Age and the rise of a new liberated generation in the 1960s and 1970s, she reveals how these cultural movements impinge on the dynamics and desires within the family Set against a backdrop of wealth and privilege, concealing the destructive and shocking behaviour of the disordered personality, Daughter of Narcissus is disarmingly honest, informed and sometimes disturbing. This compulsive book is not only a fascinating history of one socially prominent international family, but also a uniquely detailed study of narcissism, its manifestations and effects and how to survive them in order to lead a purposeful and affirming life.

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