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The Truth About Shoulder Pain Revealed

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The Truth About Shoulder Pain Revealed Cory Aplin
Are You One Of The Millions Of Americans Who Suffer With Shoulder Pain? Dr. Cory Aplin, DC, Has written an easy to read guide to provide the truth about the shoulder pain millions of Americans experience everyday. The shoulder is actually the most flexible joint in the entire human body. For that very reason it is also the least stable joint in the entire body. That very fact makes it very, very difficult to rehabilitate. A great many people have discovered this for themselves - the hard way. Dr. Aplin himself suffered a debilitating shoulder injury and tells you the story of how he went from believing his career was over to 100% recovery. In his book, The Truth About Shoulder Pain Revealed, Dr. Aplin covers everything from how the shoulder is built, to how it gets injured, to the different available options and the pros and cons of each. This information is for the office worker as well as the athlete. For the student as well as the retiree. A startling number of people with shoulder pain developed their condition over time - not as a result of a traumatic event. You Don't Have To Live With The Pain! Dr. Aplin operates a practice in Bethesda, Maryland where he has helped to rehabilitate hundreds of patients with shoulder pain ranging from athletic injuries, to traumatic events to office workers to arthritis. His unique understanding of shoulder rehabilitation has allowed him to evolve the most effective non-surgical treatment protocols available. Don’t Consider Surgery until you read what Dr. Cory Aplin has to say about your shoulder problem. You’ll wonder why you never heard this before!

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