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When Someone Asks for Help: A Practical Guide for Counseling

Everett L. Worthington Jr.

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When Someone Asks for Help: A Practical Guide for Counseling Everett L. Worthington Jr.
"I have a problem. . . . Could you help me?"

Ever hear this plea over lunch or late at night in a dormitory? Someone has come to us for help. "Who, me?" we blurt out and then frantically think, "What can I say? How can I help?"

Everett Worthington guides us as we respond to just situations. First he explains what Christian helping really is, what causes problems and how they can be solved. Then he takes us step by step through the five stages of counseling, from understanding what's going on to helping people work through their problems. Throughout, he describes the delicate dynamics of moving into a helping relationship, providing aid, then moving back into the give-and-take of friendship.

Here is a book to help Christians put love into action through bearing other people's burdens.

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