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Fix Your Marriage: 10 Simple Steps To Put The Joy And Intimacy Back In Your Marriage (One New Habit)

grace stevens

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Is your relationship falling victim to the 80/20 rule? Is 80 % of your emotional energy focused on the 20% of your partner's behavior that isn't perfect? While this book was designed specifically for struggling couples who are looking for relationship help to fix their marriage, the practical, simple steps that Grace Stevens outlines are good relationship habits for every couple. In this short, practical guide the author lays out 10 simple steps that you can immediately implement to improve the "tone" of your marriage. Specific strategies focus on: • reigniting passion • learning to "fight fair" • reconnecting in a way that makes you feel treasured and appreciated • focusing on the behavior you do want from your spouse • having fun (how long since your relationship has really been fun?) • being happier in yourself, regardless of the state of your marriage (spoiler alert! Your marriage can only benefit from this!) Many people have found these simple, powerful tools have empowered them to take back control of their marriage and help them feel reconnected with their spouse in a way that has been missing for a long time. This book is quick and easy to read, and none of the strategies require a lot of time or money. What are you waiting for? Start using the simple strategies to help your relationship not only survive, but thrive by tonight!

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